• Bringing positive change in 218 counselees through Counseling Service. Emotional Distress, Relationship Conflict, Trauma, Communication gap, Decision making, Depression, Anger, Grief, Bereavement are the issues dealt through individual, couple, family and group counseling.

• 20 counselors completed a one year professional course on Diploma in Counseling (Transactional Analysis & Neuro Linguistic Programming) 2011 organized by ASK. On behalf of ASHA Counseling and Training Services, India the expert trainers are Ms. P K Saru, TSTA, Director & Psychotherapist; Mr C Suriyaprakash, Mr I A Mohan Raj and Ragini Rao, Faculty Member & Psychotherapist facilitated the course. This was the 2\textsuperscript{nd} training in Bangladesh initiated by ASK to create a professional cadre.

101 personnel enhanced capacity and professionalism through different level of counseling training and supervision. Certified Transactional Analyst (CTA), Acceptance and Commitment Theory (ACT), Organizational Development in Transactional Analysis, Supervision Skills in Counseling, Gender, Human Rights & Family Law are the subjects of training. Training Experts of Asha Counseling and Training services & PARIVARTHAN of India; MAPS, Australia: PSC and Training Unit of ASK facilitated the course.
• PSC staffs’ facilitated orientations for ASK and other NGO staffs, trainee teachers and M Ed students of Teachers Training College, Dhaka. 103 personnel oriented on Self-Awareness, Effective Communication and Basic Counseling Skills.

• To observe the World Mental Health Day, a discussion meeting was held on the theme “Protection of Mental Health is Human Right”. 145 audiences participated in the program. 5 discussants delivered their speech on following topics along with open discussions-
  o Human Rights Violation & Role of Counseling
o Need for Professional Course to Develop Mental Health Professionals
o Need For Multi-professional Teamwork
o Mental Health as Protection Against Abuse and Violence
o Initiatives at policy level.

Stall in Mental Health Day 2011
Meeting to observe Mental Health Day 2011